

# Training and development opportunities

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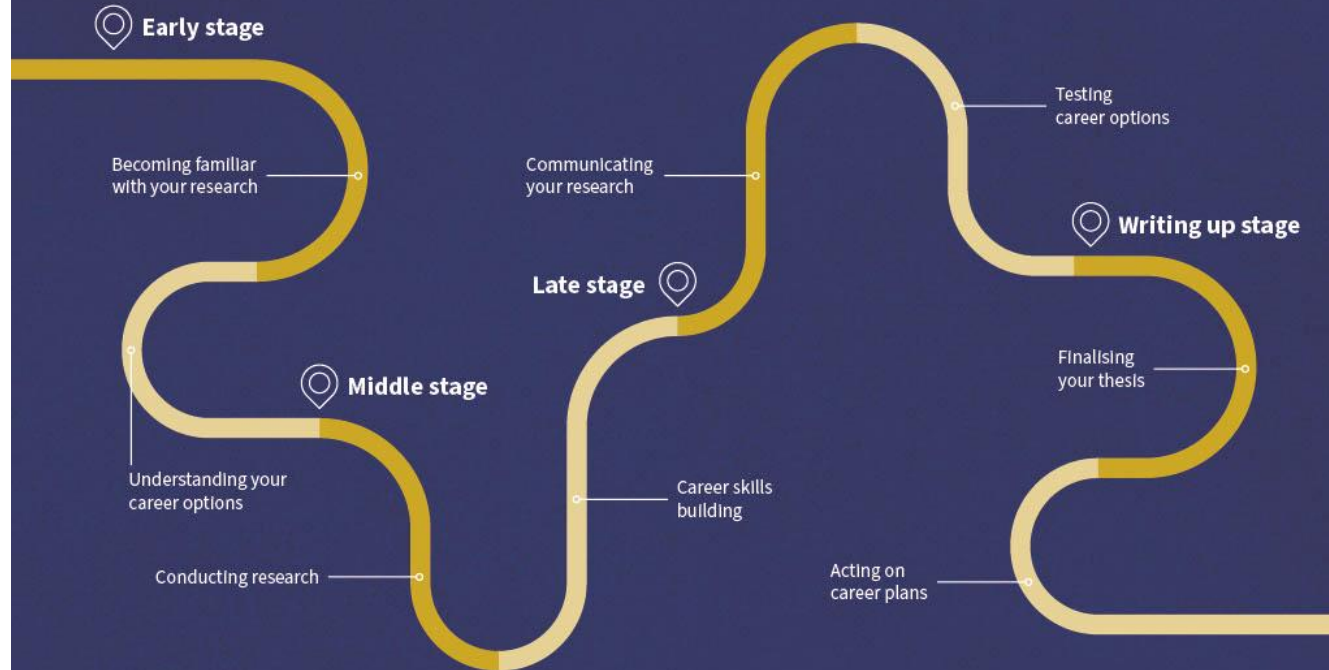
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# What do we mean by training and development?

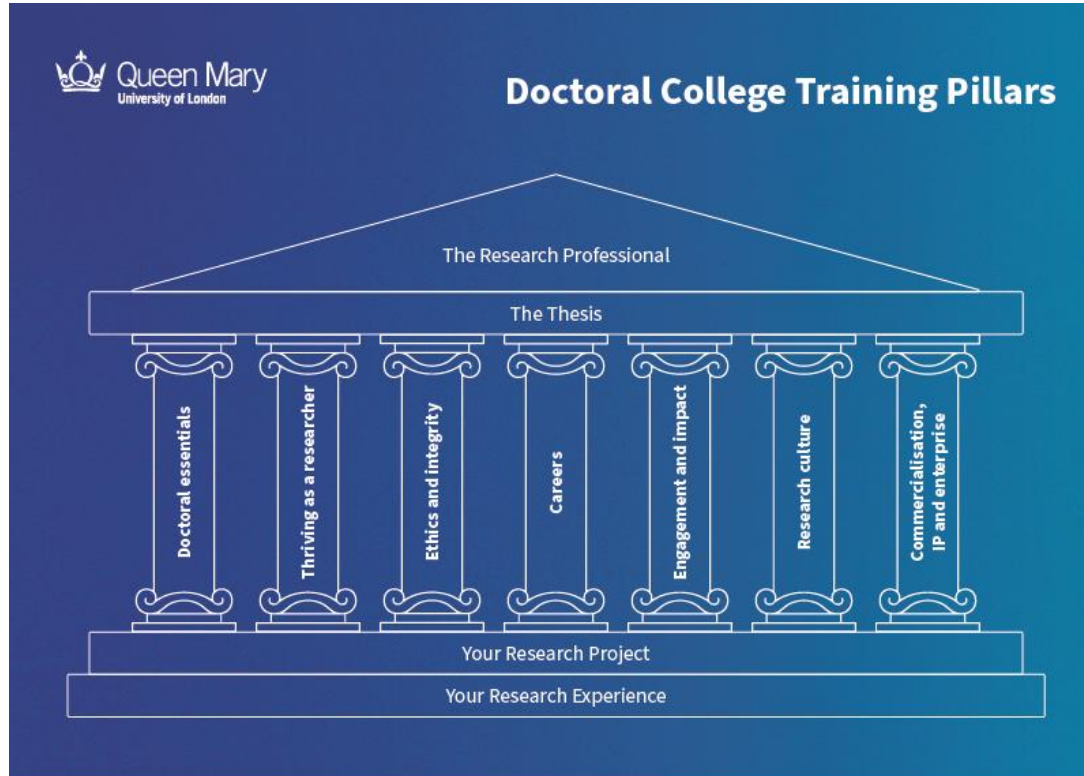
- Unlike an undergraduate or master's programme, PGR training is not modular and therefore not a set programme.
- Your training and development needs will be unique to **you** and your project.
- **You** are in the driver's seat!
  - How do you know what training and development you need?
  - [PGR Roadmap](#)



# Postgraduate Research Roadmap



# Training Pillars



# Development Needs Analysis (DNA)

- Our [PGR DNA](#) supports you in:
  - Considering your current skills and experience.
  - Planning for your skills development.
- Uses our 7 training pillars.
- You will need different skills development at different times in your doctorate.
- Work with your supervisors to identify your needs and opportunities to develop in those area.

# Where do I find training?



- Queen Mary [CPD Training System](#)
  - Info on [how to use the CPD Training System](#)
- [Doctoral College Training Calendar](#)
- [Bloomsbury Postgraduate Skills Network](#) (BPSN)
- [London Interdisciplinary Social Science](#) (LISS) DTP training
- [University of London School of Advanced Study](#)
- [Doctoral College PGR Guidance and Resources](#) (QMPlus site – includes self-study resources)
- Work with your supervisors to identify training that is useful for you.

# How do I join training?



- We offer both **online** and **in-person** training.
  - But not hybrid training.
- Our online training gives you the opportunity to join from wherever is convenient for you.
- Our in-person training gives you the opportunity to learn **with other PGRs**.
  - We typically learn better in social settings.
  - Meeting other PGRs helps keep you connected with others who are also going through the doctoral process.

# Recommended training for new PGRs

- [Managing your time and workload in a research environment](#) – 3 Feb, 10:00-13:00
- [Working with your doctoral supervisors](#) – 11 Feb, 10:30-12:30
- [Getting started with your doctorate](#) – 16 Feb, 14:00-16:00
- [Creative thinking for researchers](#) – 17 Feb, 13:00-15:00
- [Critical thinking for researchers](#) – 18 Feb, 11:00-13:00

Also:

- **[Research Integrity](#) and [Cybersecurity](#) (required before first year review)**
- [AI Guidance for PGRs](#) and [Research Security and Export Control for PGRs](#)
- [Managing your supervisor relationships: Reaching resolutions](#) (online resource)
- [QMElevate](#) short courses
- And see our welcome emails for more recommendations!

# Skills Points

- PGRs are eligible for the [Queen Mary Diploma of Researcher Development \(Q-Dip\)](#).
- All the training and development you undertake during your doctorate that is not compulsory for your doctorate qualifies for **Skills Points**.
  - Compulsory elements: supervision meetings; progression reviews; thesis research; thesis writing (etc.); submission; viva; corrections.
- If you earn 210 Skills Points **before you submit your thesis for viva**, you will then be awarded the Q-Dip upon completion of your doctorate.
- Your ability to submit your thesis **is not contingent** on getting 210 Skills Points .

Thank you



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